

Hanul Family Alliance Serves Korean Americans and Immigrant Families

Hanul Family Alliance is one of the Vernon Township Community Mental Health Board (VTCMHB) grant recipients. Nonprofit organizations that provide services for mental health, substance abuse or development/intellectual disabilities may be eligible for future grants. Learn more at vtcmhb.org.

Founded in 1987 as the Korean American Senior Center, Hanul Family Alliance (Hanul) has grown into a comprehensive community-based organization dedicated to serving Korean Americans and immigrant families throughout the Chicagoland area, with locations in Chicago, Lincolnshire and Mount Prospect. Hanul provides essential, linguistically accessible, and culturally competent services designed to empower vulnerable populations. Its mission is to promote healthy aging, support family wellness, and foster sustained community engagement for individuals navigating systemic, linguistic, and financial barriers. In 2025, Hanul addressed the vital needs of 5,660 individuals.

Direct Services and Outreach

Hanul offers a range of comprehensive and culturally informed direct services. Older adults are empowered to age safely and comfortably at home through comprehensive Home Care services and a vibrant Adult Daycare Services (ADS) program based at the Mount Prospect location. Wraparound programs include culturally familiar congregate daily lunches, Home-Delivered Meals for homebound individuals, and senior wellness classes to promote physical health. Public benefits application assistance, adult education, English as a second language (ESL), community wellness and life enrichment programs prevent social isolation and support older immigrants' journey towards healthy aging. Immigration services, citizenship classes, and a free legal clinic are also offered.

Working closely with community partners, including the Illinois Department of Human Services, AgeOptions, AgeGuide, ICIRR, HANA Center, and KAN-WIN, Hanul's dedicated staff assists families and individuals in navigating complex systems to access resources and stay connected to the community. Hanul proudly hosts the biannual Hyo Festival (Hyo: filial piety), formerly known as Korean American Senior Day, celebrating the wisdom and legacy of older generations. The 21st Hyo Festival in 2025 brought together more than 600 seniors, community members, and local leaders for a joyful celebration of cultural heritage and community spirit.

Hanul Counseling Center

Recognizing that holistic wellness requires dedicated behavioral healthcare, Hanul provides individual, couples, and family counseling at its Counseling Center in Lincolnshire. Bicultural and bilingual licensed therapists deliver culturally responsive care using evidence-based interventions – including Cognitive Behavioral Therapy (CBT), Cognitive Processing Therapy (CPT), and Motivational Interviewing. Through the support of VTCMHB's Social Services Agency grant, Hanul offers highly affordable mental health

counseling to a diverse demographic living in Vernon Township. The agency also operates mental health community initiatives, such as mental health book clubs, educational workshops, and wellness podcasts.

For more information regarding general programming or volunteer opportunities, visit hanulusa.org. For mental health services and services, visit hanulcounselingcenter.org or call (847) 616-2030.

To view articles about other agencies funded by the VTCMHB, visit vtcmhb.org where you can find (on the left column) other agencies that serve Township residents for mental health, substance abuse or development/intellectual disabilities – and “Mental Health Minute” videos that provide help information and tips to stay healthy and strong.