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Making a Difference One Donation at a Time!

Give a Little, Help a Lot This Giving Tuesday!



Giving Tuesday is tomorrow, December 2, and the perfect opportunity to make a meaningful difference for local families in need. The Township Food Pantry distributes roughly 4,500 pounds of food each month, providing essential support to individuals and families facing financial hardships. A list of current high-need items are available in a graphic below. Your support can go further than ever: thanks to the Township's partnership with the Northern Illinois Food Bank; every \$1 donated helps provide \$8–\$10 worth of food. For different ways to give the gift of support, click [here](#).

**Thanksgiving Holiday
Basket Recap**

**Township
Holiday Observance**



Thank you to everyone who helped make Thanksgiving a bit brighter for our neighbors in need! Due to the overwhelming generosity of our community, the Township collected 151 Thanksgiving meal baskets for qualified Food Pantry families and an additional 150 for our senior residents. Your kindness made a meaningful difference for hundreds of households this season!



Vernon Township offices will be closed on Wednesday, December 24, and Thursday, December 25, in observance of the Christmas holiday. Regular business hours will resume on Friday, December 26, from 8:30 a.m. to 4:30 p.m. We wish all residents a safe, joyful, and festive holiday season!

Mental Health Minute



The Vernon Township Community Mental Health Board has introduced a new monthly video series entitled, "Mental Health Minute." Each brief video offers practical strategies to help individuals and families manage stress, build resilience, and support overall well-being. Recent topics have included easing back-to-school stress, accessing supportive services for



Mental Health Board Accepting Grant Applications: Deadline is December 30

The Vernon Township Community Mental Health Board (VTCMHB) is now accepting applications for its final round of grants for this fiscal year. These grants offer funding to nonprofit organizations that provide mental health, substance use, and developmental or intellectual disability services for residents in need of these services. Nonprofits that have not received VTCMHB funding within the past year are especially encouraged to apply.

individuals with developmental or intellectual disabilities, and promoting independence, dignity, and connection for our older adults. All Mental Health Minute videos are available [here](#).

Applications are due by Tuesday, December 30 at 4 p.m. So far this year, the Board has awarded more than \$1 million in supplemental grants to agencies that serve the residents of Vernon Township through counseling, crisis intervention, support and other programming. The application and additional information is available [here](#).

Most Needed Food Pantry Items



VERNON TOWNSHIP

FOOD PANTRY

Address: 3050 N Main Street, Buffalo Grove, IL 60089
Donation Hours: Monday through Friday, 9:00am to 4:00pm

NEEDED ITEMS

- Beans (canned or dry)
- Rice (boxed or bagged)
- Instant Mashed Potatoes
- Peanut Butter & Jelly
- Canned Tomato Products
(diced/whole/crushed tomatoes,
tomato sauce/paste/puree, etc.)

FULLY STOCKED ITEMS

Our generous community have donated the below in abundance, and would love for donors to focus instead on items we lack if at all possible!

- Canned Green Beans
- Canned proteins (chicken, tuna)
- Canned Corn
- Pasta
- Macaroni & Cheese

MONETARY DONATIONS

If you would like to support us monetarily via credit/debit card, you can scan the QR code below! Otherwise, cash or check donations can be mailed or brought to the address above.

For every \$1.00 you donate, Vernon Township Food Pantry can provide \$10.00 worth of food through partnerships with Northern Illinois Food Bank and other local charities!



Thank You for the Food Pantry Donations!



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